## WHAT IS CLAIMED IS:

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1. A liquid container comprising:

an accommodation portion to define a liquid accommodation space;

a liquid supply portion to supply a liquid accommodated in the accommodation space to an outside;

a mechanism to maintain or expand a volume of the accommodation space; and

a one-way valve to allow an introduction of a gas from the outside into the accommodation space and prevent the liquid and gas from flowing out of the accommodation space to the outside;

wherein the one-way valve includes: a flexible sheet situated between a first chamber on the accommodation space side and a second chamber on the outside and having an area to secure a predetermined level of freedom of deflection; and a valve mechanism to perform an open-close operation accompanied by a deflection of the flexible sheet, the degree of the flexible sheet deflection conforming to a pressure difference between the first chamber and the second chamber;

wherein the area of the flexible sheet is formed

with an undulated portion whose undulated form is

maintained in at least an operation range of the valve

mechanism.

- 2. A liquid container according to claim 1, wherein the area of the flexible sheet is formed with an undulated portion, the undulated portion rising or a sinking toward the first chamber side or second chamber side.
- A liquid container according to claim 1,
   wherein the flexible sheet is formed of a resin member
   or resin sheet.
  - 4. A liquid container according to claim 1, wherein the valve mechanism includes a valve closing member attached to the flexible sheet, a seal member provided at a predetermined position to oppose the valve closing member, and a biasing member urging the seal member in a direction opposing the valve closing member:

wherein the valve closing member has an opening
communicating the first chamber and the second chamber
with each other;

wherein the seal member opens or closes the opening as the valve closing member moves accompanied by a deflection of the flexible sheet.

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5. A liquid container according to claim 1, wherein the area of the flexible sheet is situated along a circumference of the valve closing member.

6. An ink tank accommodating ink as a liquid in the liquid container of claim 1.

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- 7. An ink jet cartridge having the ink tank of claim 6 and an ink jet print head to eject ink.
- 8. An ink jet printing apparatus for printing an image by using the ink tank of claim 6 and an ink jet print head to eject ink and by ejecting ink supplied from the ink tank from the ink jet print head.
- 9. A one-way valve for allowing a fluid to move from a first chamber on one side of a path to a second chamber on the other side and blocking the fluid from moving from the second chamber to the first chamber, the one-way valve comprising:
  - a flexible sheet situated between the first chamber and the second chamber and having an area to secure a predetermined level of freedom of deflection; and
    - a valve mechanism to perform an open-close operation accompanied by a deflection of the flexible sheet, the degree of the flexible sheet deflection conforming to a pressure difference between the first chamber and the second chamber;

wherein the area of the flexible sheet is formed

with an undulated portion whose undulated form is maintained in at least an operation range of the valve mechanism.

wherein the liquid container includes: an accommodation portion to define a liquid accommodation space; a liquid supply portion to supply a liquid accommodated in the accommodation space to an outside; a mechanism to maintain or expand a volume of the accommodation space; and a one-way valve to allow an introduction of a gas from the outside into the accommodation space and prevent the liquid and gas from flowing out of the accommodation space to the outside;

wherein the one-way valve includes: a flexible sheet situated between a first chamber on the accommodation space side and a second chamber on the outside and having an area to secure a predetermined level of freedom of deflection; and a valve mechanism to perform an open-close operation accompanied by a deflection of the flexible sheet, the degree of the flexible sheet deflection conforming to a pressure difference between the first chamber and the second chamber;

the method comprising:

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a step of, before or after the flexible sheet is

assembled into the one-way valve, forming in the area of the flexible sheet an undulated portion whose undulated form is maintained in at least an operation range of the valve mechanism.

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11. A method of manufacturing a liquid container according to claim 10, further including:

a step of forming the undulated portion in the area of the flexible sheet before the flexible sheet is assembled into the one-way valve; and

a step of, when the flexible sheet formed with the undulated portion is assembled into the one-way valve, setting an assembly attitude of the flexible sheet so that the undulated form of the undulated portion can be maintained in at least a deflection range of the flexible sheet as the valve mechanism performs an open-close operation.

12. A method of manufacturing a liquid container20 according to claim 10, further including:

a step of assembling into the one-way valve the flexible sheet not formed with the undulated portion in the area of the flexible sheet; and

a step of forming the undulated portion in the area of the flexible sheet after the flexible sheet is assembled into the one-way valve.

13. A method of manufacturing a liquid container according to claim 10, further including:

a step of, after preparing the liquid container provided with the one-way valve, injecting a liquid into the accommodation portion.